

offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace to confess my sins, to do penance and to amend my life.
Amen.

The Prayer starts:

O God, come to my assistance. O Lord, make haste to help me.
Glory be to the Father...etc.

Then pray one 'Our Father' and three 'Hail Marys' after each of the following nine salutations:

1. By the intercession of Saint Michael and the celestial Choir of Seraphim may the Lord make us worthy to burn with the fire of perfect charity.
Amen.
2. By the intercession of Saint Michael and the celestial choir of Cherubim may the Lord grant us the grace to leave the ways of sin and run in the paths of Christian perfection.
Amen.
3. By the intercession of Saint Michael and the celestial choir of Thrones may the Lord infuse into our hearts a true sincere spirit of humility.
Amen.
4. By the intercession of Saint Michael and the celestial Choir of Dominions may the Lord give us grace to govern our senses and overcome any unruly passions.
Amen.
5. By the intercession of Saint Michael and the celestial Choir of Powers may the Lord protect our souls against the snares and temptation of the devil. Amen.
6. By the intercession of Saint Michael and the celestial Choir of Virtues may the Lord preserve us from evil and falling into temptation. Amen.
7. By the intercession of Saint Michael and the celestial Choir of Principalities may God fill our souls with a true spirit of obedience.
Amen.
8. By the intercession of Saint Michael and the celestial Choir of

Archangels may the Lord give us perseverance in faith and in all good works in order that we may attain glory of Heaven. Amen.

9. By the intercession of Saint Michael and the celestial Choir of Angels may the Lord grant us to be protected by them in this mortal life and conducted in the life to come to Heaven. Amen.

Next, one Our Father is to be said in honor of each of the following leading Angels: Saint Michael, Saint Gabriel, Saint Raphael and our Guardian Angel.

Concluding Prayer

O glorious prince Saint Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King and our admirable conductor, you who shine with excellence and superhuman virtue deliver us from all evil, who turn to you with confidence and enable us by your gracious protection to serve God more and more faithfully every day.

Pray for us, O glorious saint Michael, Prince of the Church of Jesus Christ, that we may be made worthy of His promises.

Almighty and Everlasting God, Who, by a prodigy of goodness and a merciful desire for the salvation of all men, has appointed the most glorious Archangel Saint Michael Prince of Your Church, make us worthy, we ask You, to be delivered from all our enemies, that none of them may harass us at the hour of death, but that we may be conducted by him into Your Presence. This we ask through the merits of Jesus Christ
Our Lord. Amen.