

Explanation of Soaking Prayer

Teaching on Soaking Prayer as Given by Our Lady of the Most Precious Blood through Her Messages and by Thomas "Mac" Smith

Our Lady has encouraged us to learn about "soaking prayer" so as to use this type of healing prayer in ministry. What, one may ask, is soaking prayer, why is it necessary and how do I prepare myself and use it in ministry?

WHAT IS SOAKING PRAYER?

Soaking prayer is a prayer of the Holy Spirit based on Mk. 8: 22-25 where Jesus healed the blind man of Bethsaida by touching him twice. The first time Jesus touched the man's eyes his vision improved though his eyesight was not completely restored until the man was touched by Jesus the second time.

God the Father has designated the use of soaking prayer as a very simple means of healing each other in church, in the home or in hospitals-not just healing them for their earthly lives but giving them an experience of the love of God.

Soaking prayer is the infusion of the Holy Spirit through different layers of your personal history for healing so that over time you will be able to see yourself as God sees you. Soaking prayer takes time. It is an organic process. Soaking prayer affects one as does a laser. If steadily applied, it goes deeper and deeper into the person, body and soul. Over time it penetrates through the layers of the inner-self. When it penetrates deeply, the love you have for God and for your soul comes back up through your senses healing your spirit. The soul feeds the body, and the person grows with the grace of God and will exude the grace of God.

Soaking prayer goes into the person like an IV treatment of the Holy Spirit. This healing treatment goes into the brain, through the whole body, and into the soul. The Holy Spirit descends and transmits healing grace and life through the brain and then into the self. Soaking prayer is an extension of the power of God's Love into a person's spirit and soul. As the spirit and soul of a person is healed in God's Love through soaking prayer, the person grows into accepting and loving God's Will.

Thus soaking prayer is an anointing of the Holy Spirit, administered through the laying on of hands for an indefinite period of time. This type of prayer is Spirit-led and is meant to give a gradual healing. Improvement comes prayer by prayer. Soaking prayer can be given on a random, daily, bi-weekly, weekly, bi-monthly, or monthly basis, depending upon the need. This can be determined through discernment in prayer and good judgment according to the needs of the one receiving and the one giving soaking prayer.

THE ULTIMATE GOAL OF SOAKING PRAYER IS TO RESTORE THE SOUL TO ITS ORIGINAL BEAUTY AND PURITY OF THE DAY IT WAS BAPTIZED.

A WORD ABOUT OUR WOUNDEDNESS

At Baptism our souls were made pure. God, Who created us for Himself, instilled in us a deep desire for closeness with Him, our family and with others. We longed to love and to be loved. As time went on we may have become negatively affected by some of the experiences of our home lives and by our negative experiences in the world. Some of these negative experiences aided our inability to make good moral judgments resulting in poor choices (personal sin). Other negative experiences were the result of circumstances beyond our control which may have left us with painful memories and areas of unhealed emotion. These experiences may have caused us to feel toxically shamed. Over time toxic shame changed our areas of unhealed emotion into areas of "hardness of heart" or unforgiveness.

Our Lady of the Most Precious Blood Armada Prayer Group

Prayer Group Leader Outline

**The intention of OLMPB Armada Prayer Group is:
For the Will of God the Father to be done.**

Opening Prayer for Our Lady of the Most Precious Blood Armada Prayer Group

An armada is a warship. We are the prayer warriors in the war against evil who man Our Lady's warship. To engage in battle we must put on our battle gear. This prayer may be prayed together or by 1 person aloud for the group. It is based on Ephesians 6: (see attachment of prayers)

I. The Whole Armor of God.

Armada Prayers

Following are a list of the Armada prayers. They are to be prayed in the order given without deviation in the order or form of the individual prayers. In other words, don't substitute any other version of any of these prayers for the same named prayers from another source. In this way all Armadas will be of one heart, united spiritually through Our Lady.

*"All the people who come to this Armada will naturally be the people who love God very much; they are the few who will give their time. Over the next 6 months I would like this to be developed so that you can be in total union with the other oars of my Armada." Our Lady to Mac Smith, July 18, 2009—
Walk With Mary, Morning Message—Washington, LA*

- I. The Rosary.
- II. The Life Offering Prayer.
- III. The Litany of God the Father.
- IV. The Litany of the Most Precious Blood
- V. Act of Consecration to the Most Precious Blood
- VI. The Rosary of the Seven Sorrows of the Blessed Mother, also known as the Chaplet of Our Mother of Sorrows.

Soaking Prayer

After the Armada prayers are prayed soaking prayer may be given to anyone who desires it. It should never be given to anyone through coercion or force. Soaking prayer should be given only by ones who have received this anointing and are familiar with Mac's teaching on soaking prayer. If you would like a copy of Mac's teaching on soaking prayer you may request to receive one via email or regular mail.

May God bless you abundantly for answering Our Lady's call!